

## FINDING A HONCODE-CERTIFIED WEBSITE



- On a site, look for the **HONcode** seal, often on the bottom of the page.
- Add the term **HONcode** to a **Google** search.
- Use **everyone.khresmoi.eu**, a search engine bringing together **certified sites**.

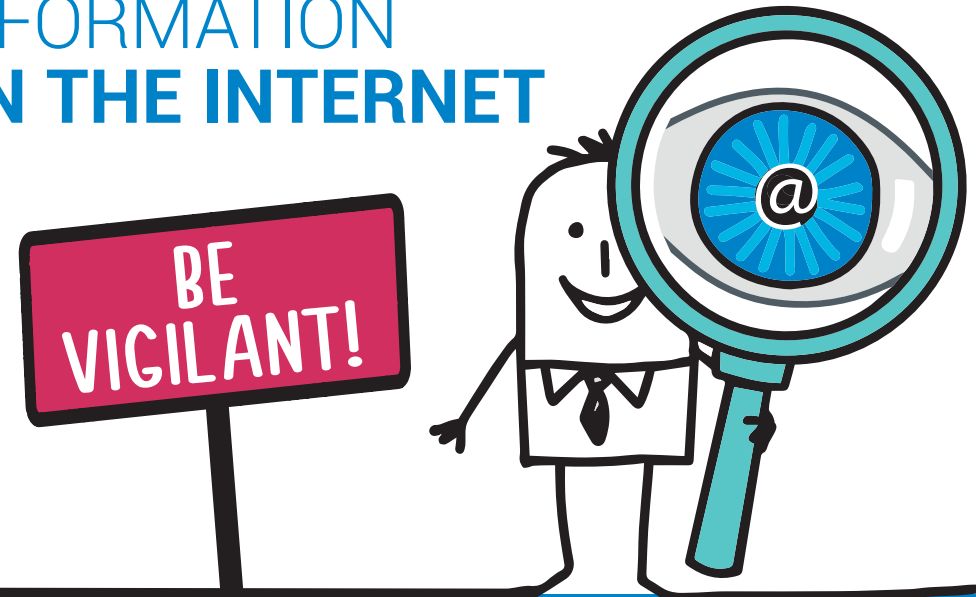
### What is the **Health On the Net** Foundation?

The Health On the Net Foundation (HON) is a non-governmental organization with the objective of promoting the development and application of new information technologies, notably in the medical and health domains.

The Foundation has consultative status with the World Health Organization (WHO).



## HEALTH AND MEDIC@L INFORMATION ON THE INTERNET



### ALWAYS HAVE THE INFORMATION VALIDATED BY A DOCTOR.

The **Internet** is an inexhaustible source of health and medical information. This document provides some tools to guide you in your search for information that is reliable, useful for your health, and allows you to make informed choices.



DO YOU HAVE A COMMENT OR A SUGGESTION?  
REACH US AT

[www.hon.ch](http://www.hon.ch)



STAMP  
OF THE DOCTOR

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[www.ufml-asso.org](http://www.ufml-asso.org)

## ASK YOUR DOCTOR FOR ADVICE

Do not buy drugs over the Internet and do not base your medical decisions solely on information found on the Internet. Before changing your strategy for care, talk to your doctor.

Visiting a website or obtaining information online does not replace a doctor's visit.

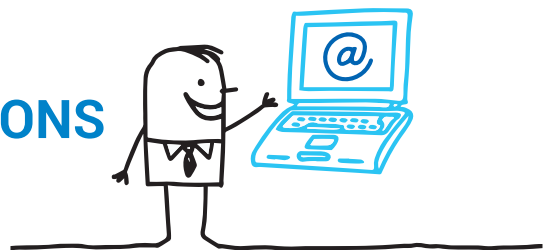


## @ GIVE PRIORITY TO THE WEBSITES OF PUBLIC INSTITUTIONS AND LEARNED SOCIETIES

For example, websites belonging to hospitals, universities and government agencies.

Or those that have obtained **HONcode certification**.

- <http://www.healthday.com/>
- <http://www.webmd.com/>
- <https://www.nlm.nih.gov/medlineplus/>
- <https://labtestsonline.org/>
- <http://www.heart.org/>
- <http://www.diabetes.org/>



## LOOK FOR THE HONCODE SEAL

When the seal is present on a health or medical website, this means that it meets specific standards for ethics and transparency.

THE HONCODE, A **CODE OF CONDUCT** ESTABLISHED BY THE FOUNDATION, IS ADAPTED TO HEALTH AND MEDICAL SITES.

Each year HON's teams assess sites' respect for the **8 principles** detailed below and certify those health and medical sites that meet the criteria.

The sites voluntarily seek certification and commit to complying with the HONcode principles.

## THE 8 HONCODE PRINCIPLES:

